



Schenectady County Office of Community Services  
and the American Foundation for Suicide Prevention

## ***Suicide Awareness Discussing the Undiscussable***

A free community program discussing suicide, how it may be prevented and the steps Schenectady County is taking to address this important issue.

Wednesday, April 22<sup>nd</sup> at the Schalmont H.S. auditorium  
1 Sabre Drive (off Route 7), Schenectady

Tuesday, April 28<sup>th</sup> at the Scotia-Glenville H.S. auditorium  
1 Tartan Way, Scotia

Thursday, May 14<sup>th</sup> at the Faith United Methodist Church  
811 Brandywine Avenue, Schenectady

6 to 8 PM at all locations

There will also be a showing of *More Than Sad: Teen Depression*,  
a DVD aimed at teenagers 14 – 18 years old.  
This film focuses on the recognition and treatment of depression.

### About the presenter:

**Mary Jean Coleman, MSW** is the Upstate New York Regional Director and National Director of Field Programs for the American Foundation of Suicide Prevention

Mary Jean has been involved in the field of suicide prevention since 1979. She is a recognized expert in the field, a founder member of the NYS Council on Suicide Prevention, a published author on the topic of suicide prevention, and a certified trainer on cutting edge initiatives like ASIST (Applied Suicide Intervention Skills Training)

Please RSVP to Terri by email at  
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