

# COLONIE CENTER \$CHOOL BUCK\$

## 2009-2010 Program Info

Colonie Center wants to help you earn money for your school!

Every time you, your family, and your friends shop at Colonie Center, you help your favorite participating school earn points. At the end of the school year, Colonie Center will give away \$20,000 in cash prizes to the top 10 schools!!

### Here's how it works...

Bring your original cash register receipts from ANY Colonie Center store to the Guest Services Desk (located on the lower level of the mall between CVS and Glennpeter Jewelers) and your school will receive **5 POINTS** for each dollar shown!



### EVERY SCHOOL HAS A CHANCE TO BE A WINNER!

Cash prizes will be awarded to the winning schools at the end of the program:

1<sup>st</sup> Place: **\$8,000**      2<sup>nd</sup> Place: **\$4,000**      3<sup>rd</sup> Place: **\$2,000**  
4<sup>th</sup> Place - 8<sup>th</sup> Place: **\$1,000** each  
9<sup>th</sup> Place - 10<sup>th</sup> Place: **\$500** each

### Rules:

- The School Bucks Program is not a receipt drive. It is based on actual dollars spent by personal visits of family members, friends, and supporters of each participating school.
- Store employees may not be used to collect receipts for participating schools.
- Receipts must be redeemed within 60 days of purchase date.
- Receipts will be collected from August 1, 2009 to June 4, 2010.
- Winning schools must be present at final award ceremony to receive prize.
- Schools in violation of program rules may be subject to removal from the school bucks program.
- Receipts may be brought to Miss Baseel for redemption and will be returned to the student if needed.

# WHEN SHOULD MY CHILD STAY HOME WITH THE FLU?



## H1N1 Influenza A Recommendations from the Centers for Disease Control

### When should my child stay home with the flu?

Students with "Influenza-Like Illness" stay home when they are sick. Your child may have the flu and should stay home if they have the following signs and symptoms:

Fever of 100° F  
(37.8° C) or greater

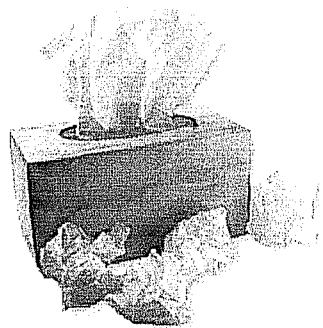
Cough

Runny Nose

Sore Throat

### When should my child return to school?

It is recommended that students stay home until at least 24 hours after they are free of fever [100° F (37.8° C) or greater] or signs of a fever, without the use of fever-reducing medications.



### What can we do to reduce the chances of spreading or "catching" H1N1 Influenza?

- Wash hands often with soap and water, especially after coughing or sneezing
- Use alcohol based hand sanitizers to clean hands if soap and water are not available
- Cover your nose and mouth with a tissue when coughing or sneezing and throw the tissue in the trash after use (if no tissue is available, cough or sneeze into your arm or sleeve—not your hand)

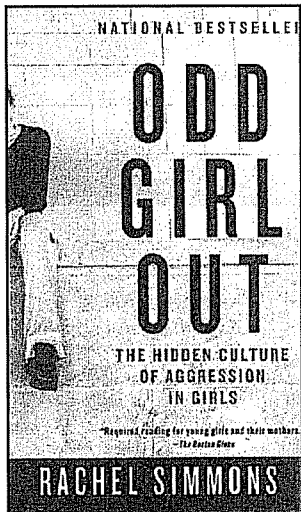
New York Statewide School Health Services Center

# October 6. Save your place. Save them from bullying.



Spend an evening with best-selling author Rachel Simmons,  
a nationally recognized expert on bullying among girls.

The Women's Fund of the Capital Region presents Rachel Simmons, New York Times best-selling author of *Odd Girl Out: The Hidden Culture of Aggression in Girls* and the new *The Curse of the Good Girl*. Offering inspiring and humorous presentations, she has appeared on the Oprah Winfrey Show, Today, Dateline NBC and NPR, and will be featured on PBS. Our emcee is Benita Zahn of NewsChannel 13.



For more information on Rachel Simmons, please visit [www.apbspeakers.com](http://www.apbspeakers.com)

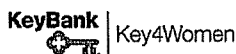
**Who should attend:** Middle and high school parents and girls  
**When:** Tuesday, October 6, 7:00 p.m.  
**Where:** The Troy Savings Bank Music Hall  
 32 Second Street, Troy, NY  
**Admission:** \$20 for adults; \$10 for girls under 19

Order your tickets today at  
[www.womensfundcr.org](http://www.womensfundcr.org)  
 or call 518-273-0038



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